

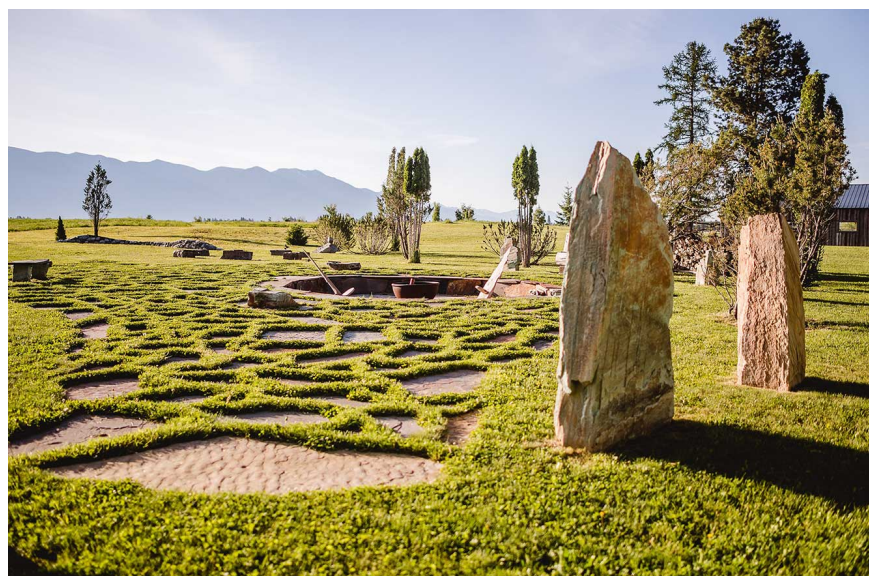
THE INDIGENOUS SOUL



JOURNEY WITHIN: JOIN US FOR A SOUL LOVING RETREAT



LISTEN. BE STILL. KNOW.



Photos courtesy of Dancing Spirit Ranch www.dancingspiritranch.com

**“We will be
Grounding and
Working with
the land of the
strength of All
that she Be.”**

Join us April 25-29th, 2019 in the mountains of Whitefish, Montana for **The Knowing Within Montana Retreat**. This years' theme is *The Indigenous Soul*. The Knowing Within Retreats have a life of their own and as you and others come forth, so much will be revealed. Share with those you love. Bring a friend. It's time to be in your wholeness. 'Si'

This sacred retreat is for those that want to walk in both worlds at the same time and stay Sane! The very dense physical world and the nonphysical world - They are both with us - we just need to Be Still - and Listen to the Alma Self of Us.

The Knowing Within Montana Retreat

April 25-29, 2019 Host and Guide: Julia Carmen



Joyful that you all have made the choice to Be on this Journey of Love of Self and That you all heard your Alma. Julia Carmen was born with a gift of a Curandera de Alma (Seer of the Soul). Her gift of being able to

see a person's true soul self has guided clients to quiet themselves to hear their own true divine soul self.

The agenda, is simple in text but not in the movement we will all be doing. As the land will speak to us in such a specific way, Just for You. So until we (are) all gathered - The land will give us more information.

DAILY SCHEDULE:

Thursday 4/25

6-7pm - Meet and Greet dinner in the Barn

7:30-8:30pm - Opening Ceremony - Breathing In The Mother Earth

Thursday afternoon check-in is at 3:00pm.

You will have time to rest and relax before dinner.



Artwork by Olivia Dancel

Friday 4/26

The Indigenous Soul

7-8am - Morning Yoga with Nancy Ellis

8-9am - Breakfast

9:30am -12:15pm -

Reviewing the 4 Vibrations

12:30 -1:30pm - Lunch

2-4pm - Afternoon:

Introduction to the Indigenous Soul

4:00-6:00pm - Joyful Hour

6:00-7:30pm - Dinner in the Barn

A special guest will be presented - to the All - Within

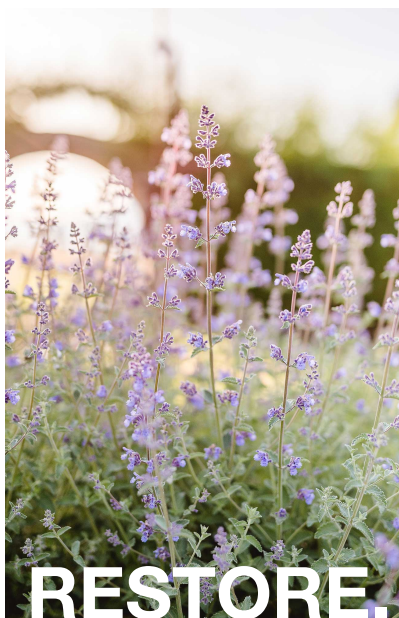
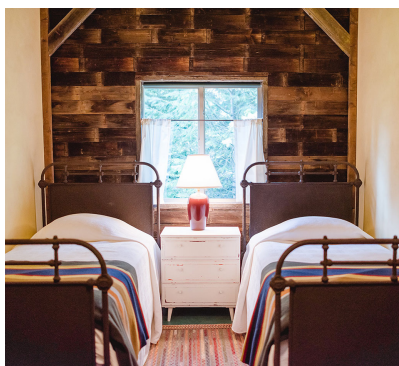


ENGAGE.

Saturday 4/27

The Night Rainbow

7-8am - Morning Yoga with Nancy Ellis
 8-9am - Breakfast
 9:30am-12:15pm - Being with the Land - Seeing Our Gifts Within/ Our Body Codes
 12:30-1:30pm - Lunch
 2-4pm - Afternoon: Releasing and Surrendering - The Love within
 4-6:00pm - Joyful Hour
 6:00-7:30pm - Dinner in the Barn



Sunday 4/28

The Earth Wise of the power of itself/Our Archetypes of Being

7-8am - Morning Yoga with Nancy Ellis
 9:30am-12:15pm - The Magical Disk - What is it? How we can access it? See it? Feel it? Know it? Si' with The Knowing Within - Its all yours!
 2-4pm - Afternoon: Archetypes - Do you know your Archetype? Or Archetypes? We will be exploring the All of you - the physical and non-physical of Being
 4-6:00pm - Joyful Hour
 6:00-7:30pm - Dinner in the Barn

Monday 4/29

Sunrise Ceremony -
 Brunch will follow.



What: The Knowing Within Montana Retreat
When: April 25-28, 2019
Where: Whitefish Montana
Investment: \$5,000

Register TODAY.
carmenswow@gmail.com
SPACE LIMITED.

For additional questions email
setaverner@gmail.com

BONUS:
 You will receive
 a personalized
 autographed copy
 of Julia's new book
Indigenous Soul.



Artwork by Olivia Dancel

Beautiful ladies - The theme for this retreat is The Indigenous Soul - The Knowing Within Retreat is all about you and sacred Soul Self of Being Together and the Love and Respect of Us and the Land - We will make this an amazing time for us and all those that Be - Amen!

Accommodations included in retreat are:

Private bedroom in a beautiful room at Dancing Spirit Ranch, Whitefish, Montana

Meet & greet upon arrival
 Thursday evening 4/25/19

Breakfast, Lunch & Dinner - all meals by a private chef and local yummy food

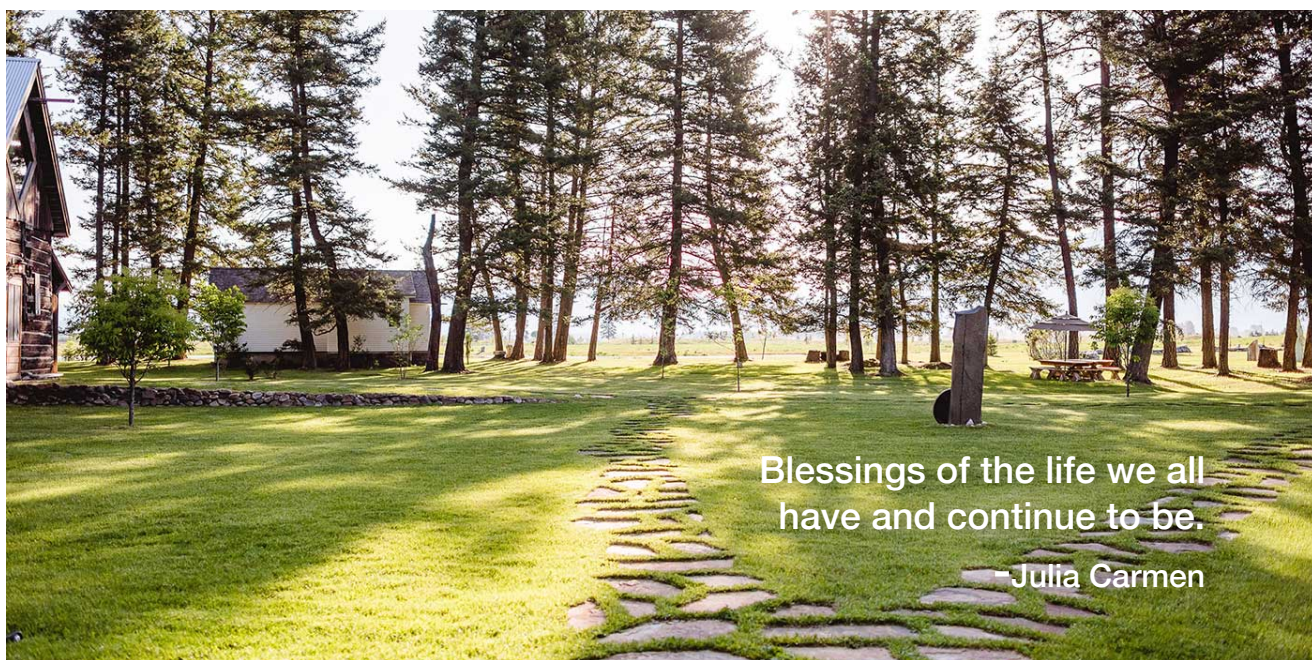
NOTE: Airfare and rental car are not included

Retreat located near Glacier Park International Airport. Alaska airlines has the best possible rates to Whitefish, Montana. Delta and United fly there as well.



Terry, The Knowing Within Montana Retreat. April 2018

'We were guided and set free by Julia. Her retreats are mind opening and help us expand our ideas of who we are'
-Terry, Retreat Participant



Blessings of the life we all have and continue to be.
-Julia Carmen